



**PLAN DESIGN & BENEFITS**  
**PROVIDED BY AETNA HEALTH OF CALIFORNIA INC. - FULL RISK**

<b>PLAN FEATURES</b>	<b>IN-NETWORK</b>
For any service or supply that is subject to a maximum visit, day, or dollar limitation on a per year basis, the benefit year begins on January 1st unless otherwise mandated. Refer to your plan documents for more information.	
<b>Deductible</b> (per calendar year)	None Individual None Family
<b>Out-of-Pocket Maximum</b> (per calendar year)	\$1,500 Individual \$3,000 Family
In-Network expenses include coinsurance/copays and deductibles. Pharmacy expenses apply towards the Out-of-Pocket-Maximum. The family Out-of-Pocket Maximum is a cumulative Out-of-Pocket Maximum for all family members. The family Out-of-Pocket Maximum can be met by a combination of family members; however no single individual within the family will be subject to more than the individual Out-of-Pocket Maximum amount.	
<b>Lifetime Maximum</b>	Unlimited except where otherwise indicated.
<b>Primary Care Physician Selection</b>	Required
<b>Referral Requirement</b>	Required
<b>PREVENTIVE CARE</b>	<b>IN-NETWORK</b>
<b>Routine Adult Physical Exams/ Immunizations</b> 1 Exam per 12 months	Covered 100%
<b>Routine Well Child Exams/Immunizations</b> (Age and frequency schedules apply)	Covered 100%
<b>Routine Gynecological Care Exams</b> 1 exam per year. Includes Pap smear, HPV screening, and related lab fees.	Covered 100%
<b>Routine Mammograms</b> Recommended: One baseline mammogram for females age 35 - 39; and one annual mammogram for females age 40 and over.	Covered 100%
<b>Women's Health</b> Includes: Screening for gestational diabetes, HPV (Human- Papillomavirus) DNA testing, counseling for sexually transmitted infections, counseling and screening for human immunodeficiency virus, screening and counseling for interpersonal and domestic violence, breastfeeding support, supplies and counseling. Contraceptive methods, sterilization procedures, patient education and counseling. Limitations may apply.	Covered 100%
<b>Routine Digital Rectal Exams / Prostate Specific Antigen Test</b> Recommended for males age 40 and over.	Covered 100%
<b>Colorectal Cancer Screening</b> Recommended: For all members age 45 and over. Frequency schedule applies.	Covered 100%
<b>Routine Eye Exams</b> 1 routine exam per 24 months. Direct access to participating providers without a referral.	Covered 100%
<b>Routine Hearing Screening</b>	Covered 100%
<b>PHYSICIAN SERVICES</b>	<b>IN-NETWORK</b>
<b>Primary Care Physician Visits</b> Includes services of an internist, general physician, family practitioner or pediatrician.	\$20 office visit copay



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<b>Specialist Office Visits</b>	\$20 copay
<b>Pre-Natal Maternity</b>	Covered 100%
<b>Allergy Testing</b>	Your cost sharing is based on the type of service and where it is performed
<b>Allergy Injections</b>	Your cost sharing is based on the type of service and where it is performed. Covered 100% when an office visit charge is not applicable.
<b>DIAGNOSTIC PROCEDURES</b>	<b>IN-NETWORK</b>
<b>Diagnostic Laboratory</b>	Covered 100% If performed as a part of a physician office visit and billed by the physician, expenses are covered subject to the applicable physician's office visit member cost sharing.
<b>Diagnostic X-ray</b>	Covered 100% If performed as a part of a physician office visit and billed by the physician, expenses are covered subject to the applicable physician's office visit member cost sharing.
<b>Diagnostic X-ray for Complex Imaging Services</b>	Covered 100% If performed as a part of a physician office visit and billed by the physician, expenses are covered subject to the applicable physician's office visit member cost sharing.
<b>EMERGENCY MEDICAL CARE</b>	<b>IN-NETWORK</b>
<b>Urgent Care Provider</b>	\$25 copay
<b>Non-Urgent Use of Urgent Care Provider</b>	Not Covered
<b>Emergency Room</b>	\$50 copay Copay waived if admitted
<b>Non-Emergency Care in an Emergency Room</b>	Not Covered
<b>Emergency Use of Ambulance</b>	Covered 100%
<b>Non-Emergency Use of Ambulance</b>	Not Covered
<b>HOSPITAL CARE</b>	<b>IN-NETWORK</b>
<b>Inpatient Coverage</b>	Covered 100% Your cost sharing applies to all covered benefits incurred during your inpatient stay.
<b>Inpatient Maternity Coverage</b> (includes delivery and postpartum care)	\$20 for Physician Maternity Services; Covered 100% for Facility services Your cost sharing applies to all covered benefits incurred during your inpatient stay.
<b>Outpatient Hospital</b>	Covered 100% Your cost sharing applies to all covered benefits incurred during your outpatient visit.
<b>MENTAL HEALTH SERVICES</b>	<b>IN-NETWORK</b>
<b>Mental Health Inpatient</b>	Covered 100% Your cost sharing applies to all covered benefits incurred during your inpatient stay.
<b>Mental Health Office Visits</b>	\$20 copay Your cost sharing applies to all covered benefits incurred during your outpatient visit.
<b>Other Mental Health Services</b>	Covered 100%
<b>SUBSTANCE ABUSE</b>	<b>IN-NETWORK</b>
<b>Inpatient</b>	Covered 100% Your cost sharing applies to all covered benefits incurred during your inpatient stay.
<b>Residential Treatment Facility</b>	Covered 100%
<b>Substance Abuse Office Visits</b>	\$20 copay Your cost sharing applies to all covered benefits incurred during your outpatient visit.
<b>Other Substance Abuse Services</b>	Covered 100%



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<b>OTHER SERVICES</b>	<b>IN-NETWORK</b>
<b>Skilled Nursing Facility</b> Limited to 100 days; per year Your cost sharing applies to all covered benefits incurred during your inpatient stay.	Covered 100%
<b>Home Health Care</b> Limited to 120 visits; per year Limited to 3 intermittent visits per day by a participating home health care agency; 1 visit equals a period of 4 hrs or less.	\$20 copay
<b>Hospice Care - Inpatient</b> Your cost sharing applies to all covered benefits incurred during your inpatient stay.	Covered 100%
<b>Hospice Care - Outpatient</b> Your cost sharing applies to all covered benefits incurred during your outpatient visit.	Covered 100%
<b>Outpatient Short-Term Rehabilitation</b> Includes Speech, Physical, and Occupational Therapy	\$20 per visit
<b>Spinal Manipulation Therapy</b> Limited to 40 visits; per year Direct access to participating providers without a referral.	\$5 copay
<b>Habilitative Services (Physical/Occupational/Speech Therapy)</b>	Refer to MBH Outpatient Mental Health Other Services Covered same as any other Outpatient Mental Health Other Services benefit
<b>Autism Behavioral Therapy</b> Covered same as any other Outpatient Mental Health benefit	Refer to MBH Outpatient Mental Health
<b>Autism Applied Behavior Analysis</b> Covered same as any other Outpatient Mental Health Other Services benefit	Refer to MBH Outpatient Mental Health Other Services
<b>Autism Physical Therapy</b>	\$20 copay
<b>Autism Occupational Therapy</b>	\$20 copay
<b>Autism Speech Therapy</b>	\$20 copay
<b>Durable Medical Equipment</b>	Covered 100%
<b>Hearing Aids</b> Limited to one hearing aid per ear every 3 years	Covered 100%
<b>Prosthetics</b>	Covered 100%
<b>Orthotics</b> Orthotics and special footwear covered for persons with foot disfigurement.	Covered 100%
<b>Diabetic Supplies</b>	Pharmacy cost sharing applies if Pharmacy coverage is included; otherwise PCP office visit cost sharing applies.
<b>Women's Contraceptive drugs and devices not obtainable at a pharmacy</b>	Covered 100%



East Side Union High School District  
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<b>Affordable Care Act mandated Women's Contraceptives</b>	Covered 100%
<b>Infusion Therapy</b> Administered in the home or physician's office	Your cost sharing is based on the type of service and where it is performed
<b>Infusion Therapy</b> Administered in an outpatient hospital department or freestanding facility	Your cost sharing is based on the type of service and where it is performed
<b>Transplants</b>	Covered 100% Preferred coverage is provided at an IOE contracted facility only.
<b>Bariatric Surgery</b> Your cost sharing applies to all covered benefits incurred during your inpatient stay.	Covered 100%
<b>Acupuncture</b>	\$15 copay
<b>FAMILY PLANNING</b>	<b>IN-NETWORK</b>
<b>Infertility Treatment</b> Diagnosis and treatment of the underlying medical condition only.	Your cost sharing is based on the type of service and where it is performed
<b>GIFT</b>	Not Covered



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<b>Comprehensive Infertility Services</b>	Not Covered
Artificial insemination and ovulation.	
<b>Advanced Reproductive Technology (ART)</b>	Not Covered
In-vitro fertilization (IVF), zygote intrafallopian transfer (ZIFT), cryopreserved embryo transfers, intracytoplasmic sperm injection (ICSI), or ovum microsurgery	
<b>Vasectomy</b>	\$20 copay
<b>Tubal Ligation</b>	Covered 100%
<b>PRESCRIPTION DRUG BENEFITS IN-NETWORK</b>	
<b>Pharmacy Plan Type</b>	Advanced Control Plan - Aetna
<b>Generic Drugs</b>	
	<b>Retail</b> \$15 copay
	<b>Mail Order</b> \$15 copay
<b>Brand-Name Drugs</b>	
	<b>Retail</b> \$30 copay
	<b>Mail Order</b> \$30 copay
<b>Pharmacy Day Supply and Requirements</b>	
	<b>Retail</b> Up to a 30 day supply from Aetna National Network Percentage copays will not be doubled
	<b>Mail Order</b> A 31-90 day supply from CVS Caremark® Mail Service Pharmacy
	<b>Value Plus Specialty</b> Up to a 30 day supply First prescription fill at any retail or specialty pharmacy. Subsequent fills must be through our preferred specialty pharmacy network.

**Plan Includes:** Diabetic supplies and Contraceptive drugs and devices obtainable from a pharmacy. Contraceptives covered up to a 12 month supply. Contraceptive copay strategy applies. Performance Enhancing Drugs limited to 6 tablets per month. Oral fertility drugs included. A limited list of over-the-counter medications are covered when filled with a prescription. Oral chemotherapy drugs covered 100%  
 Advanced Control Plan - Aetna Pre-certification included  
 Advanced Control Plan - Aetna Step Therapy included  
 Seasonal Vaccinations covered 100% in-network  
 Preventive Vaccinations covered 100% in-network  
 Affordable Care Act mandated female contraceptives and preventive medications covered 100% in-network.

**GENERAL PROVISIONS**

**Dependents Eligibility** Spouse, children from birth to age 26 regardless of student status.

**Exclusions and Limitations**

**Health benefits and health insurance plans are offered and/or underwritten by Aetna Health of California Inc. Each insurer has sole financial responsibility for its own products.**

This material is for information only. Health benefits plans contain exclusions and limitations.

Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and are subject to change.



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You may be responsible for the health care provider's full charges for any non-covered services, including circumstances where you have exceeded a benefit limit contained in the plan. Providers are independent contractors and are not our agents. Provider participation may change without notice. We do not provide care or guarantee access to health services.

The following is a list of services and supplies that are generally *not covered*. However, your plan documents may contain exceptions to this list based on state mandates or the plan design or rider(s) purchased by your employer.

- All medical and hospital services not specifically covered in, or which are limited or excluded by your plan documents.
- Cosmetic surgery, including breast reduction.
- Custodial care.
- Dental care and dental x-rays.
- Donor egg retrieval.
- Durable medical equipment.
- Experimental and investigational procedures, except for coverage for medically necessary routine patient care costs for members participating in a cancer clinical trial.
- Hearing aids.
- Home births.
- Immunizations for travel or work except where medically necessary or indicated.
- Implantable drugs and certain injectable drugs including injectable infertility drugs.
- Infertility services, including artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI and other related services, unless specifically listed as covered in your plan documents.
- Long-term rehabilitation therapy.
- Non-medically necessary services or supplies.
- Orthotics except diabetic orthotics.
- Outpatient prescription drugs (except for treatment of diabetes), unless covered by a prescription plan rider and over-the-counter medications (except as provided in a hospital) and supplies.
- Radial keratotomy or related procedures.
- Reversal of sterilization.
- Services for the treatment of sexual dysfunction or inadequacies including therapy, supplies or counseling or prescription drugs.
- Special duty nursing.
- Therapy or rehabilitation other than those listed as covered.
- Treatment of behavioral disorders.
- Weight control services including surgical procedures, medical treatments, weight control/loss programs, dietary regimens and supplements, appetite suppressants and other medications; food or food supplements, exercise programs, exercise or other equipment; and other services and supplies that are primarily intended to control weight or treat obesity, including Morbid Obesity, or for the purpose of weight reduction, regardless of the existence of comorbid conditions.

Aetna may receive rebates from certain drug manufacturers. Generally, such rebates do not directly reduce the amount a member pays the pharmacy for covered prescriptions.

In case of emergency, call 911 or your local emergency hotline, or go directly to an emergency care facility.



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**If you require language assistance, please call the Member Services number located on your ID card, and you will be connected with the language line if needed; or you may dial direct at 1-888-982-3862 (140 languages are available. You must ask for an interpreter). TDD 1-800-628-3323 (hearing impaired only).**

**Si requiere la asistencia de un representante que hable su idioma, por favor llame al número de Servicios al Miembro que aparece en su tarjeta de identificación y se le comunicará con la línea de idiomas si es necesario; de lo contrario, puede llamar directamente al 1-888-982-3862 (140 idiomas disponibles. Debe pedir un intérprete). TDD-1-800-628-3323 (sólo para las personas con impedimentos auditivos).**

Plan features and availability may vary by location and group size.

For more information about Aetna plans, refer to **[www.aetna.com](http://www.aetna.com)**. While this material is believed to be accurate as of the production date, it is subject to change.

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